

NEW COVENANT CHURCH



“Learning to Trust God More”

*But let him who glories glory in this, That he understands and knows Me,
That I am the Lord, exercising lovingkindness, judgment, and
righteousness in the earth. For in these I delight,” says the Lord.* **Jeremiah 9:24**

PASTOR BRYAN HUDSON, DMin



NEW COVENANT CHURCH

Loving God. Loving People. Serving The World.



Vision for 2026

*“Delight in the Lord,
Desires of the Heart Fulfilled”*

Psalms 37:4, *Delight yourself also in the Lord,
And He shall give you the desires of your heart.*

 NEW COVENANT CHURCH

21-DAY Firm Foundation Devotional

LEARNING TO TRUST GOD MORE

Growing In Grace Through Psalms 37

February 4-25, 2026 | LESSON EACH DAY AT 5:30am EST
www.NewCovenant.org & www.BryanHudson.com

Psalm 37:3

Trust in the Lord, and do good; Dwell in the land, and feed on His faithfulness. 4 Delight yourself also in the Lord, And He shall give you the desires of your heart. 5 Commit your way to the Lord, Trust also in Him, And He shall bring it to pass.

Psalm 90:12

*So teach us to number our days,
that we may gain a heart of
wisdom.*

Insights from Psalm 90:12

- Recognize life's limits. There is a “gift” in limitation because it helps you focus on the things you should focus on.
- Live with awareness. Don't take time, opportunity, or people for granted.

Insights from Psalm 90:12

- Time as stewardship. Because time is a non-renewable resource, you must use time wisely.
- “Number our days” is not about quantity of our days, but the quality of our days.

Delight is a simple word with profound significance.

This word is profound because delight reflects our **desire, disposition, and direction.**

Delight definition:

- Take pleasure in
- Incline towards
- ***TO BEND***

The key promise in our text is:

“Delight yourself also in the Lord, And He shall give you the desires of your heart.”

Trained / Shaped / Bent



**Our desires and thoughts are trained/
shaped/bent by our obedience to God.**

Psalm 37:3-5:

Trust (in the Lord), **Do** (good), **Dwell** (in
the land), **Feed** (on His faithfulness),
Delight (yourself in the Lord), **Commit**
(Your way to the Lord), **Trust** (in Him)

The heart can become trained/shaped/ bent towards unhealthy delights:

Proverbs 1:22, *“How long, you simple ones, will you love simplicity? For scorers **delight** in their scorning, And fools hate knowledge.*

Proverbs 18:2, *A fool has no **delight** in understanding, But in expressing his own heart.*

How Are You Bent?

Shaped & Bent for God

Jeremiah 9:23

*Thus says the Lord: “**Let not the wise man glory in his wisdom, Let not the mighty man glory in his might, Nor let the rich man glory in his riches;***

Shaped & Bent for God

Jeremiah 9:24

*But let him who glories **glory in this, That he understands and knows Me, That I am the Lord, exercising lovingkindness, judgment, and righteousness in the earth. For in these I delight,***” says the Lord.

What Delights the Lord?

2 Samuel 22:19

*They confronted me in the day of my calamity,
But the Lord was my support. 20 He also
brought me out into a broad place; **He
delivered me because He delighted in me.***

God Wants You to “Get Over!”

Jesus implied the principle of delight:

Luke 12:31, *But seek [delight in] the kingdom of God, and all these things shall be added to you.*

32 *“Do not fear, little flock, for it is your Father’s good pleasure [delight] to give you the kingdom.*

Psalms 37:5 states:

*“He shall bring **it** to pass.”*

What is “It?”

**“It” is whatever you need or want that
is consistent with the will of God.**

He shall bring **IT** to pass!

Isaiah 58:14, *“Then **you shall delight yourself in the Lord; And I will cause you to ride on the high hills of the earth, And feed you with the heritage of Jacob your father. **The mouth of the Lord has spoken.**”***



21-DAY Firm Foundation Devotional

LEARNING TO TRUST GOD MORE

Growing In Grace Through Psalms 37

February 4-25, 2026 | LESSON EACH DAY AT 5:30am EST
www.NewCovenant.org & www.BryanHudson.com